



FutureVisioning™
Hypnotherapy, Healing & Life Coaching

Ti Caine



*Healing Your Past
and
Creating Your Ideal Future!*

FutureVisioning™

*Empowering Hypnotherapy, Healing and Life Coaching,
For Individuals, Couples and Organizations!*

Ti Caine C.H.T.

Hypnotherapist - Healer - Speaker - Life Coach

Ti@FutureVisioning.com

www.FutureVisioning.com

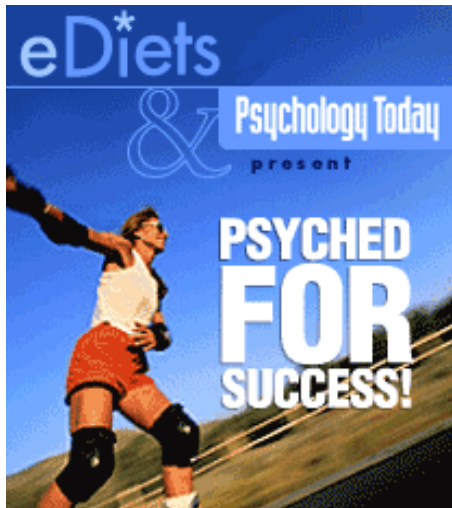
818-995-1331

15446 Deerhorn Road

Sherman Oaks, CA. 91403

Ti Caine's FutureVisioning™

Presented by
Psychology Today
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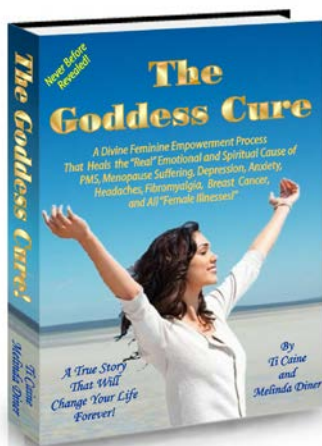
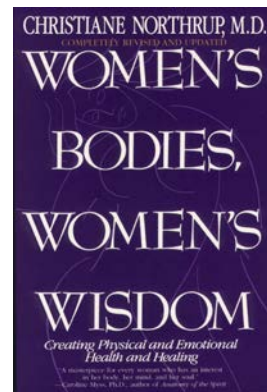
{ Aim For The Moon:
You Can Have It All!

We may not have a genie in a bottle,
but we do have the next best thing:
World renowned life coach Ti Caine.

Ti can help you shoot for the moon and
create an awesome future! ⇨ ⇨ ⇨

FutureVisioning™

Is also featured in
Dr. Christianne Northrup's Best Selling Book
"Women's Bodies, Women's Wisdom"
Over 1 million copies sold.



NEW EBOOK!

Ti and Melinda wrote this incredible true
story describing the FutureVisioning
process and telling how it completely healed
Melinda's 26 years of PMS, Anxiety,
Depression, Menopause Pain and Breast
Cancer fears in just a few sessions.

Aim For The Moon: You Can Have It All!

Special for Psychology Today's *Psyched for Success* newsletter
by Hara Estroff Marano, Editor at Large

The subject is lasting change, how to get beyond resolutions that repeatedly meet failure and into the promised land of sustained change.

The secret is, you can achieve what you want only if you have a clear vision of where you are headed. "The reason most people aren't moving forward," says Ti Caine, a hypnotherapist and life coach based in Sherman Oaks, California, "is that they don't even know where they are going." If they are going anywhere, it's towards whatever they got programmed for, which is essentially whatever their parents envisioned for them. They are not even living their own lives.



Successful people, on the other hand, know where they are going and dare to aim for the moon. They believe that everything is possible -- while most people are taught to settle. But settling is the antithesis of the human spirit. Nevertheless, Caine points out, whole schools of thought are dedicated to the idea that the way to achieve happiness is to lower your expectations and pretend to be happy with whatever you have. That, Caine argues, is more accurately the passport to depression.

The only failure in life is not to try. You can live your life and learn to manage the mistakes. But if you never try, you atrophy as a human being. Caine recalls the most meaningful summation he ever heard of this core truth. He was addressing a group of drug addicts in a rehabilitation center, winding up an impassioned 45-minute talk, when a cowboy in the corner stood up and roped in the bull: "I think I understand what you are getting at. What we say in Montana, where I come from is, 'better to aim for the moon and miss, than aim for a pile of sh*t and hit.'"

Caine believes that the biggest delusion people try to settle for is that they are powerless and should be satisfied just with what they have, when they really want more from life. He is particularly concerned about the many people in unsatisfying and even destructive relationships who are trying to convince themselves -- or their partners are trying to convince them -- that what they have is good enough. It is important to be honest.

In order to transform your present into the future you want, it is necessary to tell yourself the truth about what you really want, and to envision the whole future -- FutureVisioning, he calls it - - not just in the single facet you want to change but your whole future in its entirety. That's because everything works together, and each facet of your life influences all the others. Further, looking at your whole life deters the seesaw effect that mars so many self improvement efforts, whereby you successfully change one element of your life, such as achieving weight loss, only to sabotage yourself by gaining it all back or messing up in another area, such as your finances or your relationship.

Caine insists that it is critically important to clarify and write down your goals. In one notable study of Yale graduates, 3 percent of seniors reported having specific written financial goals. About 10 percent had general goals that were not committed to paper. The rest had no specific goals. Twenty years later, *the 3 percent who wrote down their goals had outperformed the other 97% combined.* Writing down your goals gives you power and creates enthusiasm.

Having a complete vision of the future gives you a constant source of hope and motivation. Of course, the command to envision your whole future right off is far too global to help out most people. It's most likely to induce a brain freeze, so Caine has found that breaking the future into its various domains helps people to discover that they really do know what they want.

In his seminars and private sessions Caine, as a certified hypnotherapist actually guides his clients out into their future so they can really see, feel and experience their ideal life. This incredible FutureVisioning experience then engages their powerful subconscious mind to actually help them create those dreams coming true.

This is a secret that all successful people use unconsciously. You can join the winners and take the first step toward getting what you really want right now! Use the following guidelines to start writing down what your life will be like when your dreams come true.

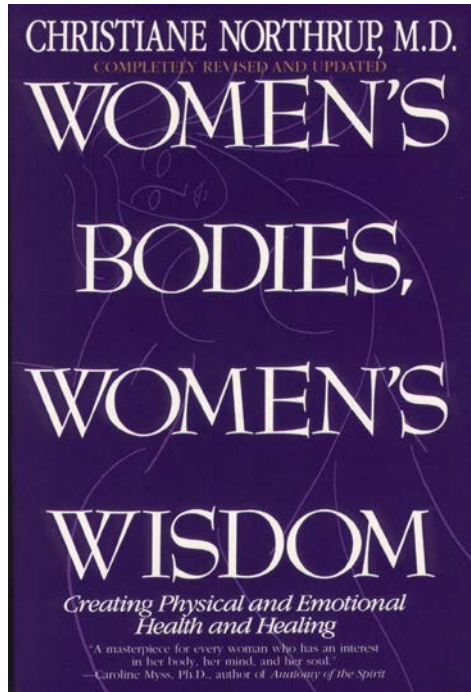
- How will you feel emotionally living your ideal future? Describe how you will enjoy and express your full range of emotions while living your ideal life.
- Describe your ideal loving relationship and/or family. Include specific qualities for you and your mate. Describe the size of your family, the relationships between members and a list of aspirations, including things you would like to do together.
- Visualize a totally fulfilling social life. Describe the friends, business associates and community acquaintances you would enjoy, including the social events and the position or image you would like to attain. Whatever you can imagine, list it.
- Describe your dream physical and health state, weight, nutrition, exercise patterns and the activities you would like to be involved in as part of an energetic and joyful life.
- Describe the mental state you would like to attain, including all of the things you'd like to learn and know, the creativity you would like to develop, the formal and informal education level you would like to achieve, and the things that turn you on intellectually.
- What do you want in your life career-wise and financially three to five years from now? How will you feel in your ideal career? Imagine your financial dreams coming true. Be specific and list anything of value that would be symbolic of financial success, especially your giving.
- What do you really want in your life spiritually in three to five years? Describe the spiritual, moral state to which you aspire. What would it be like to have a magnificent and inspiring relationship with your inner guides, your high self, God, the Goddess or the Source as you imagine it?

Ti Caine is a dynamic speaker, an international workshop leader, a renowned hypnotherapist and life coach. Ti is the creator of FutureVisioning; a powerful, breakthrough methodology which teaches individuals and organizations how to design and create their most successful and fulfilling futures. On the way to their awesome futures he also helps individuals to heal anything that stands in the way of their success. He has helped many people heal illnesses, from Chronic Fatigue and PMS to Headaches and Anxiety problems, he also teaches clients how to eliminate blockages like fear and self sabotage. He helps organizations to rapidly increase both effectiveness and profits. Empowered future oriented individuals enthusiastically and powerfully move forward, creating the best possible futures for themselves and for their organization.

Hara Estroff Marano is the senior writer and Editor-At-Large of *Psychology Today* magazine. An award-winning writer on human behavior, Hara's articles have appeared in publications including the *New York Times*, *Smithsonian*, *Family Circle* and *Ladies Home Journal*. She lives in New York City.

You can go to www.futurevisioning.com to get more information to empower yourself and to enrich your life.

**Dr. Christiane Northrup's
1 Million + Best Selling Book
Features Ti Caine and Future Visioning**



Chapter 15: Steps For Healing

***Imagine Your Future:
Change Your Consciousness, Change Your Cells***

For years, I had my patients begin their health journeys by exploring their pasts to find clues to how they were creating their present conditions. Then recently I had a phone conversation with Ti Caine, a hypnotherapist who helps people heal their pasts in part by helping them dream up their futures. (See Resources.) He reminded me of something very powerful that I already knew and had experienced repeatedly: It is really our vision and hope for the future that heals us and draws us forward. Our cells keep replacing themselves daily, and we create a whole new body every seven years. So it is not really accurate to say that our pasts are locked in our bodies, though sometimes it seems that way.

What is really going on is that the consciousness that is creating our cells is often locked in the past and that consciousness keeps re-creating the same old patterns. If, however, we can change the consciousness that creates our cells, then our cells and lives improve automatically, because health and joy are our natural state. The easiest and fastest way to do this is to imagine your future self in as much detail as you possibly can. Doing this will assist you through any healing process you're currently involved in. So before you dive into the steps listed here, invite your future self to accompany you on your journey, and ask yourself this question:

If you were in optimal health, what would your life look like?

MY LIFE WENT FROM DISMAL TO FABULOUS IN LESS THAN THREE WEEKS

Paralyzing Panic Attacks were the reason I started working with Ti. In my late teens, I had experienced a lot of insecurity, anxiety and claustrophobia that seriously interfered with my life. Even though I am a hypnotherapist myself, and I've been through years of regular therapy, I still spent those years just coping with my anxieties, and they never really went away.

When the panic attacks, anxiety, fear of flying and fear of being away from home came back in my late 20s, they had a devastating effect. Little by little my world closed in on me. I didn't want to be home alone, yet I couldn't travel more than a mile or two without experiencing paralyzing fear. My career was also stuck in confusion, and my relationship with my husband was in serious trouble.

I read about Ti in Christiane Northrop's book, "Women's Bodies Women's Wisdom." I live in Florida and Ti is in California. And even though he lives on the other side of the country, and there are thousands of therapists and hypnotherapists closer to me, something in my intuition told me that I should call him. I'm extremely glad I followed my intuition.

I felt better and my life changed during our very first conversation. Ti's unique approach helped me immediately understand that the reason I was afraid and panicked was because I couldn't see my bright future and the only future I had been programmed to believe in was filled with struggling and pain. My fears and panic attacks finally made sense.

Ti helped me reclaim my power and connect with my healthy, happy and successful future, and with this hope and the passion awakened he then helped me relatively easily heal the limitations from my past. We did several sessions over the next few weeks, all of them on the phone, and I found this to be the most complete and most powerful healing and growing process I've ever experienced.

Within less than three weeks my whole life changed, and I easily got on a plane to fly all the way across the United States to the west coast and back -- and I enjoyed the whole trip... I not only completely healed my "panic disorder", but my whole life changed for the better!

The following is a list of the incredible changes that have occurred in just these few weeks:

1. I now fly alone anywhere I want without fear.
2. My panic attacks are gone, and I don't worry about them, because I'm not afraid of them anymore.
3. My relationship with my husband that was full of fighting and pain, is now fantastic! 101% better than I had dared to dream.
4. My relationships with my Mom and Dad have improved enormously. (Previously a problem.)
5. I sleep peacefully now, and I have much more energy.
6. My career is opening in wonderful new ways.
7. I feel my emotions much more, and I love my feelings the tears of joy!
8. I have learned to respect, appreciate and love myself.
9. I've lost weight effortlessly!!!
10. I am more relaxed and am now really enjoying my life.

In a matter of weeks my life has gone from dismal to fabulous, and I feel more alive than ever before.

Jan Morison,
Florida

The #1 Characteristic **of** **Successful People and Powerful Leaders!**

By Ti Caine

Dr. Edward Banfield, a sociologist at Harvard University spent over 50 years on one of the most profound studies of success ever conducted.

Dr. Banfield wanted to find the keys to success. He wanted to help people create happier and more successful lives, so he wanted find out if there were specific characteristics that could be observed in young people that would lead them to be successful as adults.

Sadly, even in our developed country, less than 5% of people become financially successful and independent after a lifetime of hard work. U.S. government statistics show that at the normal retirement age of 65, 95% of people are broke, dead, financially dependent on others, or still having to work to live.

Dr. Banfield wanted to find out if there were specific characteristics that made those few people successful, and when he began his research he expected that success would come from a combination of the typical factors that most everyone believes lead to success, including: intelligence, family background, education, race, social position, influential contacts, and perhaps a mixture of luck and God's grace... **But, what he actually discovered was that none of these factors consistently led to success in life.**

He discovered that the major reason for a person's success in life was not the combination of their intelligence, education and life circumstances that most people expect...

Instead, he found there was just one primary way of thinking that was the only characteristic that consistently led to success!

After more than 50 years of research, he found that the only consistent predictor of a person's success was the way they related to the future!

He discovered that a person's "**Long Time Perspective**" is the single most accurate predictor of the social and economic achievement in their lives!

He found that the men and women who were the most successful in life and who were the most likely to move up economically and socially were those who from early on in their life could see their long range future!

He also found that the farther out a person looked and the longer the period of time they took into consideration when planning their life and taking action, the more likely it was that they would achieve greatly during their life. He observed that these long range thinkers could not only see great futures, but they actually used this relationship with their future constantly as they took their future into consideration with every decision they made in the present.

Your Long Time Perspective, the way you relate to the future, turns out to be more important than family background, education, race, intelligence, connections or virtually any other factor in determining your success in life and at work.

Your connection to your future, your "long time horizon," has an enormous impact on your behavior and your choices. People who take the long view of their lives and careers and can see a bright future are always more motivated and make much better decisions about their time and activities than people who pay little attention to the future.

Do you think like really successful people do?

Successful people have a clear future orientation... Dr. Banfield found it is the key to motivation and successful achievement. The most successful people think five, ten, twenty and more years out into the future... and they naturally look optimistically at the future imagining and creating good things happening in their long range visions.

What Dr. Banfield also noticed was that as you go down the social and economic ladder, the time perspective at each income level gets shorter. When you get to the very bottom of the social pyramid, to the hopeless alcoholic or drug addict you find their time perspective is one day, one hour, one shot or one drink. This short vision, combined with the feeling of powerlessness are the major reasons that most of the 12 step, "One Day at a Time" programs have over 90% failure rates.

Think About Your Future

The average working person has a time perspective of about two pay periods. You can use the following questions and the FutureVisioning process to learn about how you relate to your future. Really ask yourself these questions... and realize that these may be the most important questions you ever ask yourself!

What is your typical time perspective?

How far out into the future can you see?

How clear is your vision of your Ideal Future?

You begin to move towards higher levels of success the very moment you begin to take a longer view of your future!

It is interesting to note that this connection to the future has always been visible as the source of health, happiness and success yet it is still not understood or utilized by most people.

In one of the best-selling business books of all time, "The Seven Habits of Highly Effective People", Stephen Covey discovered this same truth and pointed out that habit #1 is "Be Proactive", keep on doing... which is kind of obvious, but what you do and what direction you are going in is also make-or-break important... and this is where habit #2 becomes critical! In studying successful people in all walks of life, Covey found that all Highly Effective People "**Begin with the End in Mind!**"

Before starting on anything, you should always look to the future get a clear vision of your

desired outcome, and the clearer you are about the future you want, the greater influence that clarity will have on what you do and how you feel as you do it.

In business, having a clear idea of the future you want to create in the long-term is the only way you can make good decisions about your priorities in the short-term.

By definition, something that is important has long-term potential benefit. Something that is unimportant and even damaging has few or no long-term potential benefits, even if it looks good in the short run... and using a long time perspective is the best way to reveal possible negative consequences. With a clear long-term vision, you are better able to ask yourself, "What are the potential benefits and consequences of doing or not doing a particular task?"

Once you have intelligently evaluated the potential benefits and risks then you can make a wise decision about what actions to take. And here is an incredibly important factor to notice as you understand The Power of the Future™ –

**An inspiring long range vision of your ultimate success
is the true source of Motivation!**

Virtually all great accomplishments were initiated, sustained and completed because of a compelling vision!

With a clear vision of your long range ideal future you are automatically more motivated, you make better decisions, you have an immediate reduction in stress and anxiety, and your own success improves automatically!

The most powerful way to make effective decisions is to accurately see and predict the future consequences of doing or not doing something. The potential benefits and consequences of any task or activity are the key determinants of how important it really is to you and to your company. This way of evaluating the significance of a task by looking at the future consequences is the way our brains naturally work, and doing this kind of evaluation consciously is the best way to intelligently know what your next step should be.

Visualizing and getting excited about your Ideal Future is also the fastest way to uncover your doubts, your fears of success and your patterns of self-sabotage so that you can heal these before they ruin your next project.

Consistently successful people see their brightest futures, and they know that they are powerful and in control of their own fate. The mark of the achiever or successful leader is his or her ability to imagine and then actually create a desired future. True leaders help everyone in their organization connect with their power and with their bright future.

Effective leaders build organizations made of motivated visionaries that create massive success. All great new successes come from the future!

The powerful connection to the future is the #1 characteristic of successful people, powerful motivators and inspiring leaders!

The FutureVisioning™ Process can teach you how to connect powerfully with your future, the way great achievers and natural leaders do!

You can learn to Own Your Power! You can Design and Create Your Own Ideal Future! You can Heal Your Past, Transform Your Relationships, and Empower Your Organization to Create Great Successes, and You Can Help Create a Better Future for the Whole World to Enjoy!

For more information about how you and your organization can use FutureVisioning™ to Create an Empowered and Successful Future

Pease contact Ti Caine:

Email: ti@futurevisioning.com or

Call 818-995-1331 or visit

Visit: www.futurevisioning.com.

Keep Your Goals in Sight

When she looked ahead, Florence Chadwick saw nothing but a solid wall of fog. Her body was numb. She had been swimming for nearly sixteen hours.

Already she was the first woman to swim the English Channel in both directions. Now, at age 34, her goal was to become the first woman to swim from Catalina Island to the California coast.

On that Fourth of July morning in 1952, the sea was cold and the fog was so dense she could hardly see her support boats. Sharks cruised toward her lone figure, only to be driven away by rifle shots. Against the frigid grip of the sea, she struggled on, hour after hour, while millions watched on national television.

Alongside Florence in one of the boats, her mother and her trainer offered encouragement. They told her it wasn't much farther. But all she could see was fog. They urged her not to quit. She never had ... until then. With only a half mile to go, she asked to be pulled out of the water into her support boat.

Still thawing her chilled body several hours later, she told a reporter, "Look, I'm not excusing myself, but if I could have seen the land, I might have made it." It was not fatigue or cold water or even the threat of sharks that defeated her. It was the fog.

SHE WAS UNABLE TO SEE HER GOAL.

Two months later, she tried again. This time, despite the same dense fog,

SHE SWAM WITH HER GOAL CLEARLY PICTURED IN HER MIND!

She knew that somewhere behind that fog was land, and this time she made it!

Florence Chadwick became the first woman to swim the Catalina Channel, eclipsing the men's record by two hours!

From Chicken Soup for the Soul - Author Unknown

So, Ask Yourself This Question:

This may be the most important question you will ever ask!

How clearly can you envision your ideal future?

Be Honest, from 0% to 100%?

0% 50% 100%

Really, how clearly can you envision your ideal future?

If you are not clear about where you want to go,

What are the chances of getting there?

Designing Your Ideal Future is the First Step of Creating the Life You Want!

PHYSICAL DREAM LIST

Physical dreams including health, weight, conditioning, nutrition, and all the physical activities you would really like to participate in. Describe yourself as you will be when totally enjoying and celebrating being physical.

MENTAL DREAM LIST

List all of the things you'd like to learn, the creativity that you would like to develop and express, the degrees or education you would like to attain... formal or informal... and the things that intellectually turn you on..

SPIRITUAL DREAM LIST

Write about the spiritual, ethical and evolutionary state you desire. What would your life be like living with an ongoing, magnificent and inspiring relationship with your High Self, inner guides, God, The Goddess, All That Is, or the Source as you imagine it.

You can print these worksheets and fill them out to start creating your ideal future right now, or you can open a file on your computer, call it "My Awesome Future", or "My Glorious Future", and use these questions to begin writing about your future in that file so that you can continually add to your vision and so you can print it easily.

To be guided into your future and to learn how to make these dreams come true
visit: www.futurevisioning.com or call 818-995-1331 ©Ti Caine 2005

FutureVisioning Is Powerful and New!

This is not more “Affirmations”, “Goal Setting,” “Positive Thinking” or telling you to just “Be In the Moment” because “Everything Happens for a Reason”.

This is about actually developing a relationship with Your Future Self! No Doctor, Healer, Coach, Seminar or Goals Program can teach you the FutureVisioning Process for tapping into the Incredible Power of Your Future, because this process of working with the future has never been available before.

If you have been searching for the ultimate way to Heal Your Past and Create A Great New Life... Your search is over... You’ve finally found what you’ve been looking for...

First I help you design your Ideal Future, and then I will guide you out into that Ideal Future so you can actually meet your Awesome Future Self, and experience yourself living the life of total success, health and happiness that you really deserve!

Then I will guide you back into the past so that you can heal and release the old emotional blockages and limiting beliefs that have created all of your struggles, illnesses and self sabotage. You can then more powerfully and gracefully move forward to create your true unlimited success.

Does this really work?

“YES IT DOES!”

The FutureVisioning process has helped thousands of people, just like you, to powerfully and gracefully create successes in every area of their lives. They have created new careers, business success and financial freedom, released life long fears and phobias, understood and released years of chronic stress and anxiety, healed major illnesses: Anxiety, Chronic Fatigue, Migraines, PMS, Menopause Symptoms, Hot Flashes, Insomnia, and even Cancer... And, they have also discovered their true passion, enhanced both their business and personal relationships, discovered unstoppable motivation, created true happiness and built strong, fulfilling families and effective empowered organizations!

**You Are Powerful,
You Can Heal Your Past,
and You Can Create Your Awesome Future!**

For a consultation or more information, Please

Email: ti@FutureVisioning.com,

Call: Ti Caine at (818) 995-1331

Visit: www.FutureVisioning.com

Ti Caine C.H.T.

Certified Hypnotherapist, Healer, Author, Speaker, Life Coach

Ti is a Certified Hypnotherapist, Metaphysician, Healer, Spiritual Teacher, Author, Speaker and Life Coach, and has created the FutureVisioning™ Process and The Goddess Cure™ Technique to help people powerfully heal and create success and happiness by tapping into the incredible Power of The Future™. His greatest joy comes from helping individuals, couples and organizations to create health, happiness and success, by showing them how to both Heal Their Past and how to Create Their Ideal Future. His clients have accomplished amazing things including: healing major illnesses, releasing life long fears, releasing chronic stress, creating or saving relationships, doubling and tripling incomes, creating organizational effectiveness and successes, reclaiming real motivation and happiness, and discovering true peace of mind.

In addition to experience in business and sales and the film and video industry, he explored and developed his own passion, insight and wisdom through a wide variety of experiences in Love, Life, Growth, Nature and the World. He grew up in Utah and spent every summer at his family's log cabin on a lake in the forests of Montana, then he traveled around the world several times seeking philosophical and spiritual knowledge, visited gurus in India, lived for 4 months in Nepal, traveled through Europe and the Mediterranean, was hired as a charter sailboat skipper in the Greek Islands, journeyed with other metaphysical explorers through Central and South America, lived aboard



a 50 foot sailboat in Tahiti for 4 months, and perhaps the most wonderful and enlightening journey of all, he has had the joy of being a father and friend to his wonderful 25 year old daughter.

She has created her ideal job as volunteer coordinator at www.Kiva.org where regular people can help create a brighter future for the world by making micro loans to entrepreneurs all over the world.

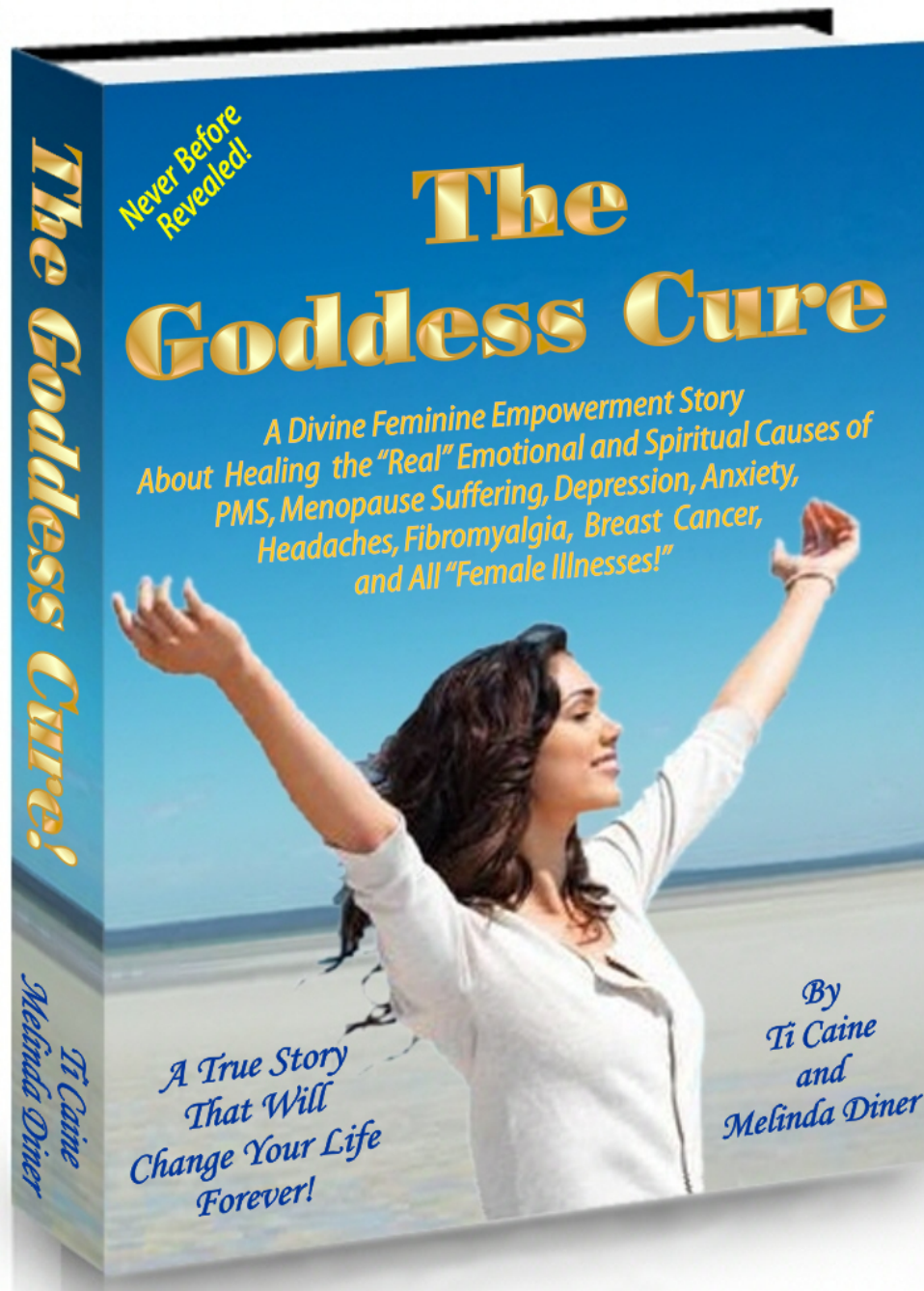
He has passionately enjoyed over 38 years of exploring consciousness, growth and personal empowerment, and he has studied, practiced and integrated the most valuable aspects of Reichian Breath and Body Work, Hypnotherapy, Expressive Movement, Psychology of Selves, Massage, Rebirthing, Energetic Healing, Neuro Linguistic Programming, Voice Dialogue, Quantum Physics and the most valuable wisdom of all came from and the incredible Metaphysical Channeled being Lazaris.

Lazaris's wisdom lead Ti to expand beyond all of the therapy and healing models that existed to create The FutureVisioning™ process, which is a totally new and unique way of healing, growing and succeeding, because it is based on our relationship with the Future! He is the World's Leading Expert in the Psychology of The Future™. This system of working with the future has never been available before! This unique, loving, yet incredibly powerful FutureVisioning™ MetaTherapy helps people learn to gracefully and quickly Heal Their Past, and joyfully and powerfully Create Their Future.

With these tools he has created many extraordinary experiences in his own life and in his client's lives, including consciously creating an instant healing of a life threatening illness in his own body over 26 years ago! This profound experience showed him the incredible power we all have within us.

His work is now being acknowledged internationally. Psychology Today Magazine did a series about his process in their online newsletter Psyched for Success that was distributed to over 12 million people worldwide. He has spoken several times at the International Convention of the American Council of Hypnotist Examiners, with over 500 professional hypnotists from all over the world in attendance, and the tape of his presentation is always a best seller. His work has also been written about in the international bestselling book "Women's Bodies, Women's Wisdom," by Dr. Christiane Northrup M.D., and the whole FutureVisioning™ Process has now been described for the first time ever in the new ebook "The Goddess Cure".

He Loves his work and would Love to help You Heal Your Past and Create Your Awesome Future.



Download “THE GODDESS CURE” for Free!

www.futurevisioning.com/goddesscure.html

(Use Coupon Code “Gift”)

You Can Heal Your Past and Create Your Awesome Future!

For a Consultation and More Information- Please Call: Ti Caine at (818) 995-1331

Email: ti@FutureVisioning.com or visit: www.FutureVisioning.com

JEFF'S WHOLE LIFE SUCCESS STORY

When I met Ti Caine five years ago, I already had a pretty good life. I was living in a nice apartment with my girlfriend, driving a new Ford Taurus, and making close to six figures working with my relatives in the bank card processing business. I was doing all right, but I wanted more. I wanted to be on my own. I wanted to be more successful and have more control over my own fate. I also desperately wanted to reduce the stress that I constantly felt.

In my first session with Ti, he guided me into an actual experience of my wonderful future. I actually stepped into and felt the happiness and success that I want. My stress level dropped immediately, my hope and motivation reawakened, and after just a few sessions with Ti, my whole life changed. My everyday choices took on a whole new perspective. I started living with a different mindset. By consistently staying in touch with my future and that feeling of success, my daily experiences transformed, taking on a richer quality.

I stopped blaming people in my life, my girlfriend, my employees. I began to look inside myself first, and I worked on my own blocks and resistances. And as a result, I became a better boyfriend and a better boss. I stopped beating myself up when I made mistakes. Instead I learned to recognize the mistakes, shoulder the responsibility, forgive myself and move ahead. As I worked with the connection to my future, I felt better, my life got easier, and I automatically made healthier choices in the present.

As I took these giant steps into my future, I had this amazing realization that I was being pulled forward into my awesome future, instead of having to push for it. I had always been a Type A, push, push, push, hard driving toward success kind of person. All of a sudden, I was mellower, more relaxed, and yet I was creating a lot more success.

My work with Ti has made a huge difference in my life. I am now living the incredible life that I saw in our first session five years ago. And what is really incredible, is not just the Porsche I'm driving, or the half million dollar house I'm living in with my beautiful wife and two fabulous daughters. It's not even the fact that I now run my own bank card processing business and my income has multiplied several times over. What's really incredible is the ease with which my dreams have come true. Ever since Ti taught me how to work with my future, I have literally felt my future pulling me into the wonderful life I now enjoy. Ti's FutureVisioning is an awesome process and one I highly recommend.

Jeff Skelton,
California

For a Consultation and More Information- Please Call: Ti Caine at (818) 995-1331

Email: ti@FutureVisioning.com or visit: www.FutureVisioning.com

FUTUREVISIONING SUCCESSES

HEALING ILLNESSES

- Migraine Headaches
- Chronic Fatigue
- Insomnia
- PMS
- Depression
- Weight Loss
- Fibromyalgia
- Breast Cancer
- Vertigo
- Menstrual Cramps
- Menopause Suffering
- Constipation
- Tinnitus
- Chronic Back Pain
- Fear of Heights
- Smoking
- Lack of Motivation
- Dying Gracefully
- Asthma
- Multiple Sclerosis
- Eczema and Psoriasis
- Anorexia and Bulimia
- Cervical Cancer
- Brain Cancer
- Panic Attacks
- Phobias

HEALING EMOTIONS

- Understand and Stop Stress
- Release Anxiety, Fear, & Hurt
- Find and Heal Self Sabotage
- Learn to Effectively Express Emotions
- Find The Power & Joy of Emotions
- Process and Release Anger
- Increase Self Confidence
- Really Forgive and Love Yourself
- Create More Fun In Your Life

TRANSFORMING RELATIONSHIPS

- Heal Your Relationship Problems
- Stop Choosing the Wrong Partner
- Stop Sabotaging Your Relationships
- Heal Parent Child Problems
- Recover Gracefully from a Breakup
- Create A Loving Relationship

CREATING SUCCESS- INDIVIDUALS AND COMPANIES

- Double, Triple Your Income
- Create Real Lasting Motivation
- Create New Business or Career
- Create a Compelling FutureVision
- Improve Communications
- Improve Working Relationships
- Attract Success Easily

GROWING METAPHYSICALLY AND SPIRITUALLY

- Heal Limiting Beliefs
- Make Peace with Your Inner Critic
- Know Your Inner Personalities
- Heal Your Inner Child
- Heal Your Inner Adolescent
- Heal Your Fears of Success
- Connect with Your Spirit Guides
- Understand and Release Past Lives
- Understand Your Dreams
- Increase Your Creativity
- Embrace Masculine and Feminine
- Create a Loving Relationship with God
- Discover the Goddess
- Create A Loving Relationship with The Goddess
- Create An Exciting Life
- Create An Awesome Future